



Olympic Race

Standing and waiting for the race to begin

I'm getting quite nervous

Am I going to win?

Crouching down low, I wait for the gun

Bang! There it goes

We're starting to run.

My heart is pounding: I'm going to burst

Come on legs keep going!

I want to come first.

Just one last effort, I pass the line

Am I first, last, where am I?

What's my time?

I stand on the podium, proud and bold

I'm wearing my medal

An Olympic Gold!

It's Sports Day time!

Fasten your laces,
Toes behind the line,
The sun is shining,
It's Sports Day time!

It's time to have races,
It's time to have fun,
On your marks, get set...

Jump!
Skip!
Run!

It's time for a cold drink,
It's time for a rest.
Well done everyone,
You've all done your best!