

# Healthy or Unhealthy



Look at the food below.  
Decide whether each piece is healthy or unhealthy.  
Check on the next page to see if you are right.

**Healthy**

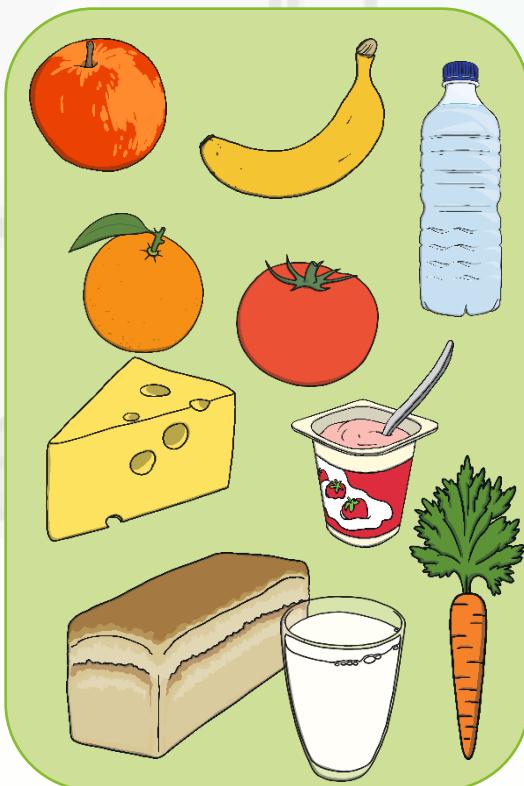
**Unhealthy**



# Well Done!

## What other healthy and unhealthy food can you see here?

Healthy



Unhealthy



