

Reflecting on Going Back to School

We have been learning at home for a while and now it is time to return to school. Let's think about how we have felt about all the things that have happened.

Now, let's think about how we feel about going back to school.

Here is a word bank with some useful feeling words:

happy

excited

nervous

sad

worried

pleased

cheerful

calm

relaxed

Draw a picture or write sentences to show how you felt at these times and choose words to describe your feelings.

How do you feel about how school used to be? Think about learning with your class and seeing your friends every day.



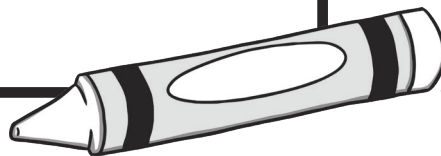
How did you feel about learning at home?



How did you feel when schools were closing?



How do you feel about going back to school?



There are lots of things that will be a little different when we return to school. We might notice that we:

- Are reminded to wash our hands regularly;
- Have our own equipment rather than sharing class resources;
- Are in smaller class groups and need to give each other space;
- Have play and lunchtimes at different times to other classes;
- Arrive and leave school at different times to other classes;
- Have a different teacher to normal;
- Have no assemblies;
- Have no whole-school dinner time.

However you feel about this, it is OK. You may feel the same way as some of your friends or you may feel differently about it. That is OK.

A black and white line drawing of a young girl with curly hair, wearing a collared shirt, sitting at a desk and writing with a pen on a piece of paper. The drawing is located in the bottom right corner of the page.