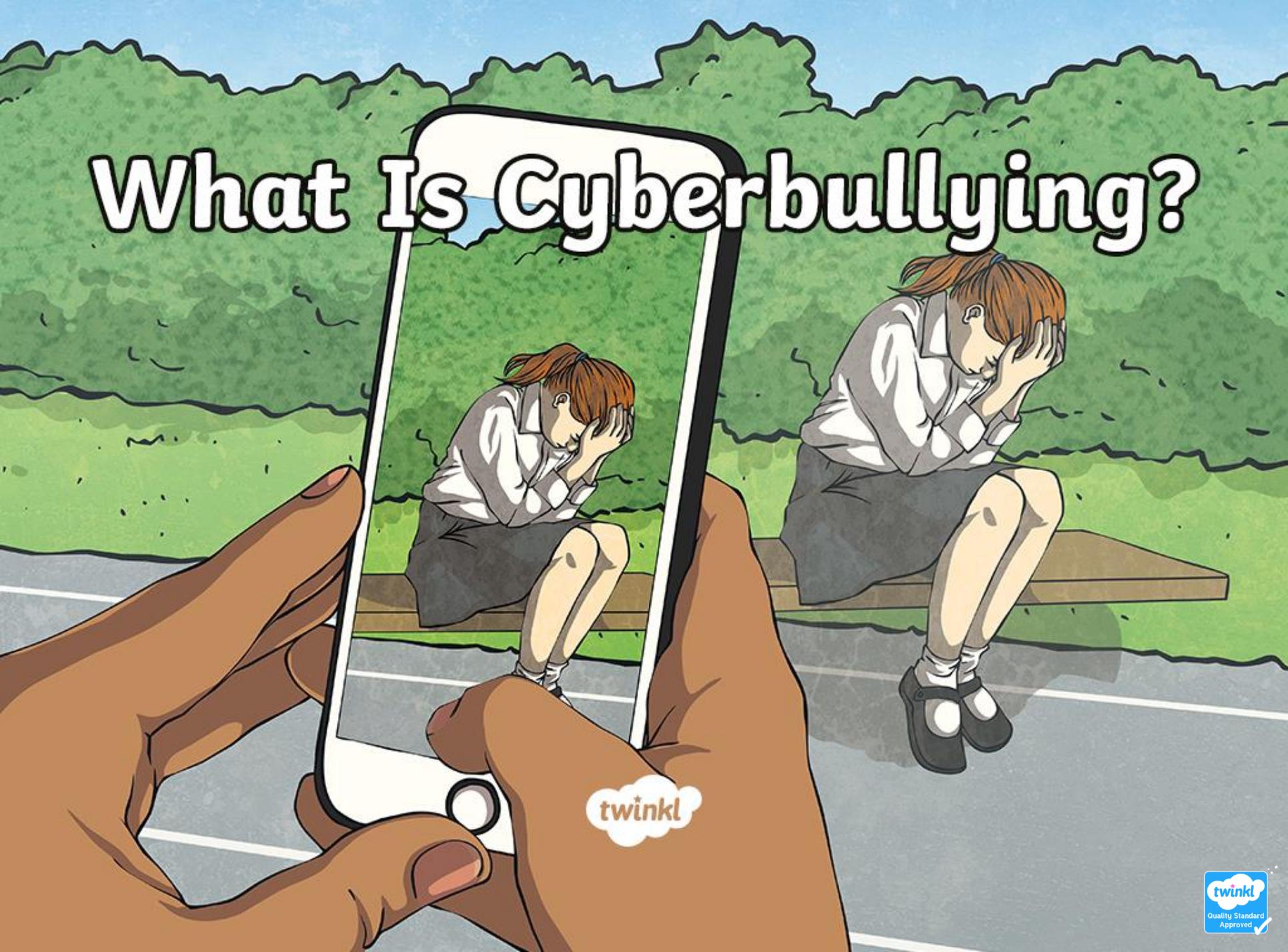




Computing

Online Safety

What Is Cyberbullying?



twinkl

Aim

- To know what cyberbullying is and how to address it.

Success Criteria

- I can recognise cyberbullying.
- I can identify a safe person to tell if I encounter cyberbullying.
- I know that cyberbullying can happen via a range of devices.

Important Words



bullying



We might use the word 'bullying' to describe when somebody is **intentionally** mean or unkind, more than once, to another person.

What type of actions might we think of when we talk about bullying?

Important Words



cyberbullying



We might use this word to describe when someone uses **digital technology** to be intentionally mean or unkind to someone more than once.



Spot It

Read the following situations and decide if they are examples of cyberbullying.

Cyberbullying

- Something is being done **intentionally**.
- The person being unkind **knows** that they are upsetting the other person, but does it anyway.
- It usually happens more than once or lasts a long time (not always).
- It uses any type of online/digital communication (e.g. email, text, social media, apps, message boards, etc.).



Not Cyberbullying

- Something hurtful was done by accident.
- The person that was unkind might not know that they have upset someone.
- Someone has said something unkind as a one-off comment but it is not repeated.
- Online communication hasn't been used to be unkind.



Use the [Cyberbullying Labels](#) sheets to help you.

Spot It



You receive an unkind message from a stranger playing an online game with you:



Spot It



No... Although this person isn't being nice, they haven't purposely targeted you, or repeated the behaviour.



Spot It



You find out that lots of your friends are in a group chat and have all been saying unkind things about you in it.



I know, did you see his jacket today? He looked so stupid.

So glad he's not in this chat!

His laugh is so funny, we were making fun of it in maths and he didn't even notice.

Spot It



Yes... These people are purposely being mean about somebody else and they are using technology to do it.



I know, did you see his jacket today?
He looked so stupid.

So glad he's not in this chat!

His laugh is so funny, we were making fun of it in maths and he didn't even notice.

Spot It



At school, some children are making fun of you because of your profile picture on a kids' game site.



Spot It



No... Although they aren't being nice, they haven't been mean to you online. It is important to remember that this could become cyberbullying in the future.



Spot It



Yes... Someone is using digital means to intentionally upset you; it doesn't matter that they're not saying horrible things.

The screenshot shows a web browser window with the URL <https://email.mail/#Inbox>. The page displays an email inbox with the following elements:

- Account Section:** "Your Account" with a profile icon, "Log Out / Switch Account" link, and notification and settings icons.
- Navigation:** "NEW", "REFRESH", "DELETE", and a dropdown menu.
- Left Sidebar:** "Inbox (11)", "Sent", "Bin", "Spam", "Friends", and sub-items ">Zahra", ">Ethan", ">Poppy".
- Email List:** A table of 11 emails from Steven, all with "(no subject)" and dates from 14 Aug to 16 Aug.

Sender	Subject	Date
Steven	(no subject)	16 Aug
Steven	(no subject)	16 Aug
Steven	(no subject)	16 Aug
Steven	(no subject)	16 Aug
Steven	(no subject)	15 Aug
Steven	(no subject)	15 Aug
Steven	(no subject)	15 Aug
Steven	(no subject)	14 Aug

What Is Cyberbullying?



Look at the scenarios on the first section of the **What Is Cyberbullying? Activity Sheet**. Identify the cyberbullying and explain how you know which situations could be cyberbullying.

You can use the **Handy Hints** sheet to help you.

<p>★ ★ ★</p> <h2>What Is Cyberbullying?</h2> <p>Section 1 Look at the examples and Hints Sheet to help if you need to.</p> <p>Libby keeps receiving texts from an unknown number. They always say really mean things about her brother. She has texted them back asking them to stop but they haven't.</p> <p>Is this cyberbullying?</p> <p>Explain your answer.</p> <p>Harvey and his friend Logan are talking online just because he is really mean to other people saw it. Logan says really mean things about him to stop but they haven't.</p> <p>Is this cyberbullying?</p> <p>Explain your answer.</p> <p>twinkl planit www.twinkl.com</p>	<p>★ ★ ★</p> <h2>What Is Cyberbullying?</h2> <p>Section 1 Look at the examples and Hints Sheet to help if you need to.</p> <p>Josh keeps receiving texts from an unknown number. They always say really mean things about his brother. He has texted them back asking them to stop but they haven't.</p> <p>Clues that this is cyberbullying:</p> <p>Clues that this is not cyberbullying:</p> <p>Do you think this is cyberbullying?</p> <p>Someone has left a comment on Akeem's video saying, "It's a shame his voice is so annoying or this would be good". He is upset about it.</p> <p>Clues that this is cyberbullying:</p> <p>Clues that this is not cyberbullying:</p> <p>twinkl planit www.twinkl.com</p>	<p>★</p> <h2>What Is Cyberbullying?</h2> <p>Section 1 Look at the examples and decide which show cyberbullying and which do not. Use the Handy Hints Sheet to help if you need to.</p> <p>Josh keeps receiving texts from an unknown number. They always say really mean things about his brother. He has texted them back asking them to stop but they haven't.</p>  <p>Clues that this is cyberbullying:</p> <p>Clues that this is not cyberbullying:</p> <p>Someone has left a comment on Akeem's video saying, "It's a shame his voice is so annoying or this would be good". He is upset about it.</p>  <p>Clues that this is cyberbullying:</p> <p>Clues that this is not cyberbullying:</p> <p>twinkl planit www.twinkl.com</p> <p>Computing Year 3 Online Safety What's Cyberbullying? Lesson 1</p>
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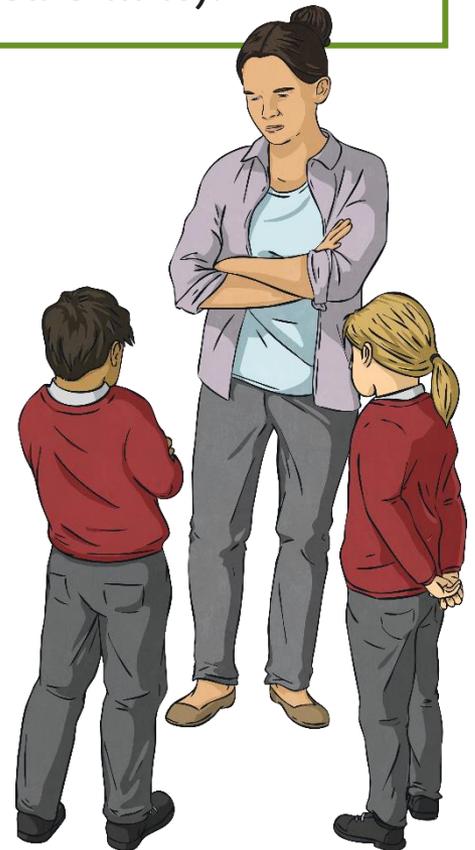
Trust Me, I'm a...

There is one thing you should always do if you think someone is bullying you online (or if you think someone else is being bullied online).

Tell an adult you trust!



Who might be someone you could tell?



Trust Me, I'm a...



class teacher



another teacher
at school



a friend's parents
or carers



aunt or uncle



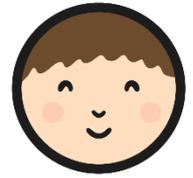
grandparent



parent or carer

If you think you or someone you know is experiencing cyberbullying, tell an adult with whom you feel safe and comfortable.

Say Something



Complete the second section of the **What Is Cyberbullying? Activity Sheet**.

<p>★ ★ ★</p> <h2>What Is Cyberbullying?</h2> <p>Section 1 Look at the examples and Hints Sheet to help if you need to.</p> <p>Libby keeps receiving texts from an unknown number. They always say a rude word, nothing she really means. She has texted them back asking them to stop but they haven't.</p> <p>Is this cyberbullying?</p> <p>Explain your answer.</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Harvey and his friend Logan have been talking online just because he thought it was funny. Other people saw it. Logan says it's not funny.</p> <p>Is this cyberbullying?</p> <p>Explain your answer.</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>twinkl planit visit twinkl.com</p>	<p>★ ★</p> <h2>What Is Cyberbullying?</h2> <p>Section 1 Look at the examples and Hints Sheet to help if you need to.</p> <p>Josh keeps receiving texts from an unknown number. They always say really mean things about him. He has texted them back asking them to stop but they haven't.</p> <p>Clues that this is cyberbullying:</p> <p>_____</p> <p>_____</p> <p>Clues that this is not cyberbullying:</p> <p>_____</p> <p>_____</p> <p>Do you think this is cyberbullying?</p> <p>_____</p> <p>_____</p> <p>Someone has left a comment on Akeem's video saying, "It's a shame his voice is so annoying or this would be good". He is upset about it.</p> <p>Clues that this is cyberbullying:</p> <p>_____</p> <p>_____</p> <p>Clues that this is not cyberbullying:</p> <p>_____</p> <p>_____</p> <p>twinkl planit visit twinkl.com</p>	<p>★</p> <h2>What Is Cyberbullying?</h2> <p>Section 1 Look at the examples and decide which show cyberbullying and which do not. Use the Handy Hints Sheet to help if you need to.</p> <p>Josh keeps receiving texts from an unknown number. They always say really mean things about his brother. He has texted them back asking them to stop but they haven't.</p> <p>Clues that this is cyberbullying:</p> <p>_____</p> <p>_____</p> <p>Clues that this is not cyberbullying:</p> <p>_____</p> <p>_____</p> <p>Someone has left a comment on Akeem's video saying, "It's a shame his voice is so annoying or this would be good". He is upset about it.</p> <p>Clues that this is cyberbullying:</p> <p>_____</p> <p>_____</p> <p>Clues that this is not cyberbullying:</p> <p>_____</p> <p>_____</p> <p>twinkl planit visit twinkl.com</p> <p>Computing Year 3 Online Safety What Is Cyberbullying? Lesson 1</p>
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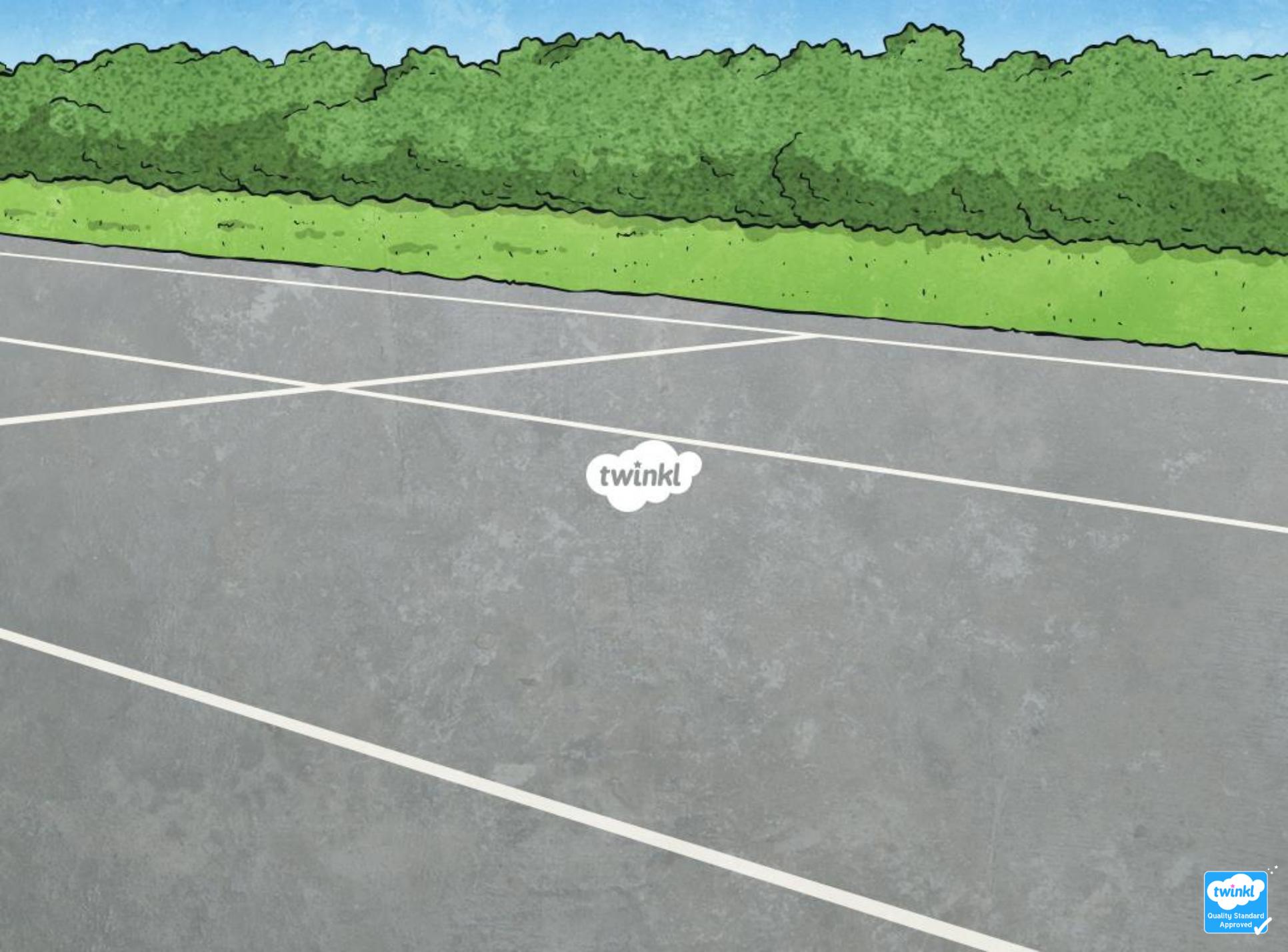
Share



Think about what you have learnt today. Talk about these questions with an adult.

- What is cyberbullying?
- What are some of the different ways in which a person can be cyberbullied? What devices can be used?
- Who should you go to for help if you are worried about cyberbullying?





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